

# Resurrection Meringue Cookies

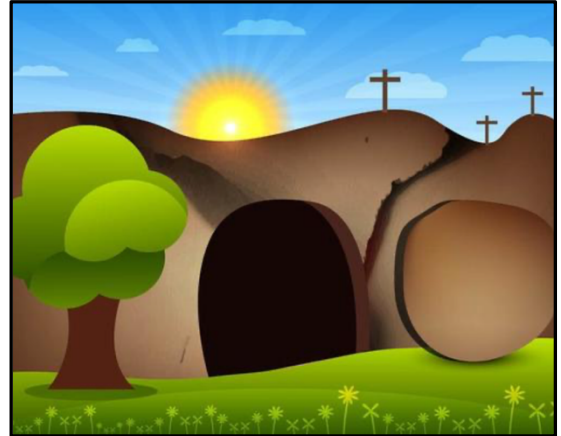
(To be made before going to bed, or before Easter Vigil Mass on Holy Saturday)

## Ingredients:

1 cup whole pecans  
1 tsp vinegar  
3 egg whites  
1 pinch of salt  
1/2 cup sugar

## What You Will Need:

1 Ziplock bag  
Mixer & mixing bowl  
Wax paper  
Cookie Sheet  
Tape



## Directions:

† Preheat the oven to 300 degrees Fahrenheit.

† Place the pecans in a Ziplock bag and let each child have a turn beating them with a wooden spoon to break them up into small pieces. Explain that after Jesus was arrested, He was beaten by the Roman soldiers.

**Read John 19:1-3**

*Then Pilate took Jesus and had him scourged. And the soldiers wove a crown out of thorns and placed it on his head, and clothed him in a purple cloak, and they came to him and said, "Hail, King of the Jews!" And they struck him repeatedly.*

† Let each child smell/taste the vinegar. Put 1 teaspoon into a mixing bowl. Explain that when Jesus was thirsty on the cross, He was given sour wine (vinegar) to drink.

**Read John 19:28-30**

*Aware that everything was now finished, in order that the scripture might be fulfilled, Jesus said, "I thirst." There was a vessel filled with common wine. So they put a sponge soaked in wine on a sprig of hyssop and put it up to his mouth. When Jesus had taken the wine, he said, "It is finished." And bowing his head, he handed over the spirit.*

† Add the egg whites to the mixing bowl. Eggs represent life. Explain that Jesus died for us. He gave His life so that we could have eternal life with Him in heaven.

**Read John 10:10-11**

*Jesus said: A thief comes only to steal and slaughter and destroy; I came so that they might have life and have it more abundantly. I am the good shepherd. A good shepherd lays down his life for the sheep.*

† Sprinkle a little salt into each child's hand. Allow them to taste it. Add a pinch of salt to the mixing bowl. Explain that this represents the salty tears shed by Jesus' followers, and the bitterness of our own sin.

**Read Luke 23:27**

*A large crowd of people followed Jesus, including many women who mourned and lamented him.*

† Add 1/2 cup sugar to the mixing bowl. Allow the children to taste a bit of sugar. Explain that the sweetest part of the story is that Jesus died because He loves us. He wants us to know Him and belong to Him.

**Read John 3:16**

*For God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life.*

† Beat the ingredients with a mixer on high speed for 12-15 minutes until stiff peaks are formed. Explain that, in God's eyes, the colour white represents the purity of those whose sins have been cleansed by Jesus' sacrifice on the cross.

**Read Isaiah 1:18**

*Though your sins be like scarlet, they may become white as snow; Though they be red like crimson, they may become white as wool.*

† Fold in the broken pecans. Place wax paper on a cookie sheet. Drop teaspoons of the mixture onto the wax-paper. Explain that each mound represents the rocky tomb where Jesus' body was laid after He died on the cross.

**Read Matthew 27:57-60**

*When it was evening, there came a rich man from Arimathea named Joseph, who was himself a disciple of Jesus. He went to Pilate and asked for the body of Jesus; then Pilate ordered it to be handed over. Taking the body, Joseph wrapped it [in] clean linen and laid it in his new tomb that he had hewn in the rock. Then he rolled a huge stone across the entrance to the tomb and departed.*

† Put the cookie sheet in the oven, close the door and turn the oven OFF! Give each child a piece of tape and place it over the oven door to seal it. Explain that Jesus' tomb was sealed.

**Read Matthew 27:65-66**

*Pilate said to them, "The guard is yours; go secure [the tomb] as best you can." So they went and secured the tomb by fixing a seal to the stone and setting the guard.*

† GO TO BED! Explain to the children that they may feel sad to leave the cookies in the oven overnight. Jesus' followers were also sad to leave Jesus' body in the tomb.

**Read John 16:22**

*So you also are now in anguish. But I will see you again, and your hearts will rejoice, and no one will take your joy away from you.*