

# ANDY'S RESOURCE-OF-THE-MONTH: February 2018

*My Resource-of-the-Month: Resources on the Eastern Catholic Churches*

*FreeTruth Web Link → <http://freetruth.ca>*

*YouTube Links → [https://www.youtube.com/watch?v=6GRxlZg\\_p6o](https://www.youtube.com/watch?v=6GRxlZg_p6o)*

*<https://www.youtube.com/watch?v=YdRAGziWBo8>*

*<https://www.youtube.com/watch?v=vqA1W28FHGE>*

## The Eastern Catholic Churches

This month, I would like to focus my commentary on the left lung of the Roman Catholic Church. I have again consulted Wikipedia during my research, as it gives a detailed description of the Eastern Catholic Churches who are in full communion with Roman Catholic Church.

The Eastern Catholic Churches are made up of 23 particular churches. These particular churches are governed in accordance with the Eastern Code of Canons, although each church has their own canon of law on top of this, as preservation of their traditions and heritage are encouraged.

The Maronite church is considered the only one of the Eastern Catholic Churches to have always remained in full communion with the Holy See. The liturgical traditions of each church vary, yet are common to the sacramental liturgy of the early church. St Justin Martyr has provided us a good description of the early church liturgy, which comprises two main elements: the liturgy of the Word, and the liturgy of the Eucharist.

Our website, FreeTruth.ca, has a subsection dedicated to the Eastern Catholic Churches, including various Orthodox churches who are not in full communion with the Catholic Church (a schism took place in 1054 AD). There are some resources in this subsection that can help explain some of their history and their differences.

My resources for this month focus on the Maronite Eastern Catholic Church. I have chosen the Maronite church due to the fact that it has always remained in full communion with the Holy See. I highlight a previous episode of EWTN Live, with Father Mitch Pacwa, that hosted two Maronite Bishops. They provide a good rundown on the history of the Maronites. I have also highlighted a few other videos, which help explain the Maronite Catholic Church and its rich traditional history.

Thanks for reading, and if you find FreeTruth.ca and our commentaries helpful in your spiritual journey, then we would like to hear from you. Contact us to let us know your thoughts.

Kindest regards,

Andy